

# Optimality of Matched-Pair Designs in Randomized Controlled Trials

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## INTRODUCTION

This paper studies design of randomized controlled trials (RCTs).

AEA RCT Registry has  $\sim 4,000$  experiments.

In particular, I study **stratified randomization**.

**Partition** the units into strata based on **observed covariates**.

Common in RCTs:  $> 600$  experiments in AEA RCT Registry.

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## INTRODUCTION (CONT.)

Why stratify?

Leading motivation: reducing bias **after treatment assignment**.

*By ensuring that the treatment and comparison groups are balanced on key characteristics, stratification reduces the chance that, for example, all the children with **high (baseline) test scores** will happen to be in our **treatment group** and we will **overestimate** the treatment impact as a result.*

— Running Randomized Evaluations: A Practical Guide  
Glennerster and Takavarasha (2013)

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## INTRODUCTION (CONT.)

How to stratify?

How many strata?

What covariates to stratify on?

Matching or coarse partition?

This paper asks: **What is the optimal way to stratify?**

Consider estimation of **Average Treatment Effect** (ATE).

Today: treated fraction =  $\frac{1}{2}$  for each stratum (relaxed in paper).

Natural to estimate ATE by **difference-in-means** of treated and control.

Choose stratification to minimize **mean-squared error** (MSE).

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## INTRODUCTION (CONT.)

Combinatorial problem: many ways to partition.

I show solution is a **matched-pair design**: 2 units in each stratum.

Take certain **1-dimensional** index function of covariates.

(expected outcome given covariates, with  $\frac{1}{2}$  treatment probability)



Order units according to this function.



Pair first 2 units, second 2 units, ...

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## THIS PAPER (CONT.)

Results capture important motivation for stratifying.

Concern about **ex-post bias**: bias conditional on **realized** treatment.

I show minimizing MSE  $\Leftrightarrow$  minimizing size of ex-post bias.

Optimal stratification relies on index function.

With pilot data, could estimate index function.

Pilot already frequently run for many reasons.

Below provide **feasible** procedures with large/small/no pilot.

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## THIS PAPER (CONT.)

Inference for ATE complicated by large number of strata (sample size / 2).

Provide computationally easy procedures for inference.

Run experiment with pilot, under proposed stratification on MTurk.

Same treatment and outcome as in DellaVigna and Pope (2018).

Standard error reduced by 29%  $\Rightarrow$  require **half** sample size for same s.e.

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## LITERATURE

### **Stratified randomization and matched-pair design**

Ashraf, Karlan & Yin '06, Duflo, Glennerster & Kremer '07, Angrist & Lavy '09, Bruhn & McKenzie '09, Niehaus & Sukhtankar '12, Glennester & Takavarasha '13, Niehaus & Sukhtankar '13, Banerjee, Duflo, Glennester & Kinnan '15, Crépon, Devoto, Duflo & Parienté '15, Groh & McKenzie '16 ...

### **Optimal design of experiments**

Cox & Reid '00, Bailey '04, Pukelsheim '06, Hahn, Hirano & Karlan '11, Barrios '13, Tabord-Meehan '18, Banerjee, Chassang, Montero & Snowberg '19

### **Inference for matched-pair designs**

Imbens & Rubin '15, Athey & Imbens '17, Fogarty '18(ab), Bai, Romano & Shaikh '19



Setup and notation

Optimal stratification

Feasible procedures

Inference

Empirical application

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## SETUP AND NOTATION

i.i.d. units  $1 \leq i \leq n$ . For the  $i$ th unit:

$X_i$  = observed covariates  $\in \mathbf{R}^p$

$D_i$  = treatment status

$$Y_i = Y_i(1) D_i + Y_i(0) (1 - D_i).$$

observed outcome      potential outcome if treated      potential outcome if not treated

Parameter of interest: average treatment affect (ATE)

$$\theta = E[Y_i(1) - Y_i(0)].$$

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## SETUP AND NOTATION (CONT.)

**Stratification**  $\lambda = \{\lambda_s : 1 \leq s \leq S\}$  is partition of  $\{1, \dots, n\}$ .

Define  $\Lambda =$  set of all stratifications.

Define  $\tau_s =$  treated fraction in  $\lambda_s$ .

**Assumption**  $\tau_s \equiv \tau = \frac{1}{2}$ .

Implies  $|\lambda_s|$  is even,  $\forall s$ .

Relaxed in paper.

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## SETUP AND NOTATION (CONT.)

Treated fraction  $\tau_s$  same in each stratum.

⇒ natural to use difference-in-means estimator:

$$\hat{\theta}_n = \hat{\mu}_n(1) - \hat{\mu}_n(0),$$

where  $\hat{\mu}_n(d)$  = average of outcomes among treated/control units

$$= \frac{1}{n/2} \sum_{1 \leq i \leq n: D_i = d} Y_i.$$

$\hat{\theta}_n$  = regression with strata fixed effects = “fully saturated” regression.

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## SETUP AND NOTATION (CONT.)

Shorthand:

$$X^{(n)} = (X_1, \dots, X_n)'$$

$$D^{(n)} = (D_1, \dots, D_n)' .$$

### Problem

Consider

$$\min_{\lambda \in \Lambda} \text{MSE}(\lambda | X^{(n)}) , \quad (\text{MIN-MSE})$$

where

$$\text{MSE}(\lambda | X^{(n)}) = E_{\lambda} [(\hat{\theta}_n - \theta)^2 | X^{(n)}] .$$

$E_{\lambda}$ : distribution of **treatment status**  $D^{(n)}$  depends on  $\lambda$ .

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## OPTIMAL STRATIFICATION

To introduce intuition in solving (MIN-MSE), define

$$\text{Ex-ante bias} = E_{\lambda}[\hat{\theta}_n | X^{(n)}] - \theta.$$

$$\text{Ex-post bias} = E[\hat{\theta}_n | X^{(n)}, D^{(n)}] - \theta.$$

Ex-ante: **before** treatment status is realized.

Ex-post: **after** treatment status is realized.

Distribution of ex-post bias (over  $D^{(n)}$ ) **centered** at ex-ante bias:

$$E_{\lambda}[\text{ex-post bias} | X^{(n)}] = \text{ex-ante bias} .$$

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## OPTIMAL STRATIFICATION (CONT.)

Ex-ante bias only depends on **marginal** treatment prob. of each unit.

Difference-in-means estimator

$$\hat{\theta}_n = \frac{1}{n/2} \sum_{1 \leq i \leq n} [D_i Y_i(1) - (1 - D_i) Y_i(0)].$$

**Ex-ante bias doesn't** depend on  $\lambda$ :

$$\frac{1}{n} \sum_{1 \leq i \leq n} (E[Y_i(1)|X_i] - E[Y_i(0)|X_i]) - \theta.$$

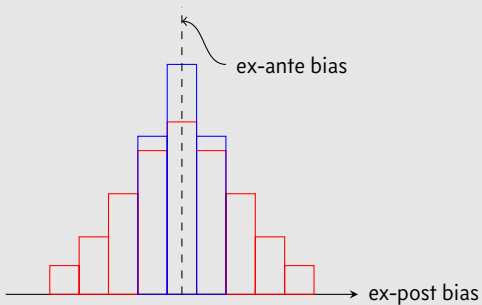
But **distribution of ex-post bias** does depend on  $\lambda$ .

Ex-post bias depends on **realized** treatment status  $D_i$ .



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## OPTIMAL STRATIFICATION (CONT.)



Distributions of ex-post bias under two stratifications (red and blue).

### First element of proof

Only **second moment** of ex-post bias matters.

Further equivalent to minimizing **dispersion** of ex-post bias.

**Lemma** Solutions to (MIN-MSE) are exactly those to

$$\min_{\lambda \in \Lambda_n} E_{\lambda}[\text{ex-post bias}^2 | X^{(n)}],$$

and those to

$$\min_{\lambda \in \Lambda_n} \text{Var}_{\lambda}[\text{ex-post bias} | X^{(n)}].$$

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**Reason:** for any random variable  $Z$ ,

$$\text{Var}[Z] = E[Z^2] - E[Z]^2.$$

### First element of proof

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and those to

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**Reason:**

$$\text{Var}_{\lambda}[\text{ex-post bias} | X^{(n)}] = E_{\lambda}[\text{ex-post bias}^2 | X^{(n)}] - \text{ex-ante bias}^2.$$

Ex-ante bias same across  $\lambda$ .

### Second element of proof

Only need to consider matched-pair designs, i.e.,  $|\lambda_s| \equiv 2$ .

Every stratification is a **mixing** of matched pair designs.

e.g.,

$$\{1, 2, 3, 4\}$$

equivalent to three matched-pair designs with  $\frac{1}{3}$  probability each:

$$\{\{1, 2\}, \{3, 4\}\}, \{\{1, 3\}, \{2, 4\}\}, \{\{1, 4\}, \{2, 3\}\} .$$

Mixing cannot give smaller MSE than optimal “pure strategies.”

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## OPTIMAL STRATIFICATION (CONT.)

To solve (MIN-MSE), combine previous results:

- (a) Only need to consider pairs.
- (b) Note that any matched-pair design  $\lambda$  can be written as

$$\lambda = \{ \{ \pi(2s-1), \pi(2s) \} : 1 \leq s \leq n/2 \},$$

for some  $\pi \in \Pi =$  set of all permutations on  $\{1, \dots, n\}$ . Moreover,

$$\text{Var}_\lambda[\text{ex-post bias} | X^{(n)}, \lambda] \propto \sum_{1 \leq s \leq n/2} (g_{\pi(2s-1)} - g_{\pi(2s)})^2,$$

where  $g(x) = E[Y_i(1) + Y_i(0) | X_i = x]$  and  $g_i = g(X_i)$ .

Finally, use Hardy-Littlewood-Pólya rearrangement inequality.

[oracle-rearrange-detail](#)   [pen-intro](#)   [not-half](#)

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## OPTIMAL STRATIFICATION (CONT.)

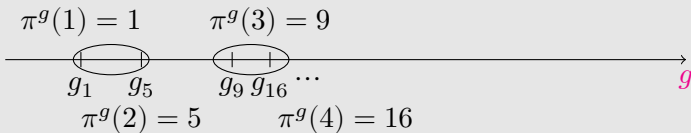
Define  $g(x) = E[Y_i(1) + Y_i(0)|X_i = x]$ .

Intuition: expected outcome given covariates, with  $\frac{1}{2}$  treat. prob.

Let  $\pi^g$  be a permutation of  $\{1, \dots, n\}$  such that  $g_{\pi^g(1)} \leq \dots \leq g_{\pi^g(n)}$ .

**Theorem** The solution to (MIN-MSE) is

$$\lambda^g(X^{(n)}) = \{ \{ \pi^g(2s-1), \pi^g(2s) \} : 1 \leq s \leq n/2 \}.$$



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## OPTIMAL STRATIFICATION (CONT.)

**Remark** In test score example: match on baseline test scores.

**Remark** Matched-pair designs have been used in different forms.

>40 ongoing experiments in AEA RCT Registry.

Bruhn and McKenzie '09: 56% interviewed have used matched pairs.

Angrist & Lavy '09: baseline outcome.

Banerjee, Duflo, Glennester & Kinnan '15: match on two covariates.

**Remark** Results justify a **certain** matched-pair design.



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## FEASIBLE PROCEDURES

Index function  $g$  is unknown so needs to be estimated.

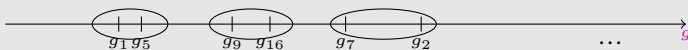
Suppose we have data from a **pilot experiment** of sample size  $m$ .

Pilot has same distr. as but is indep. of main experiment units.

Plug-in an estimate of  $g$  called  $\hat{g}_m$ :

$$\lambda^{\hat{g}_m}(X^{(n)}) = \{ \{ \pi^{\hat{g}_m}(2s-1), \pi^{\hat{g}_m}(2s) \} : 1 \leq s \leq n/2 \},$$

where  $\hat{g}_{m, \pi^{\hat{g}_m}(1)} \leq \dots \leq \hat{g}_{m, \pi^{\hat{g}_m}(n)}$ .



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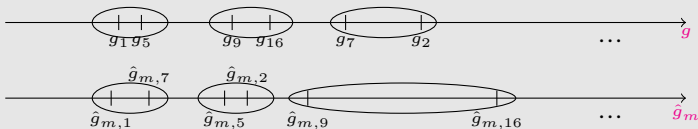
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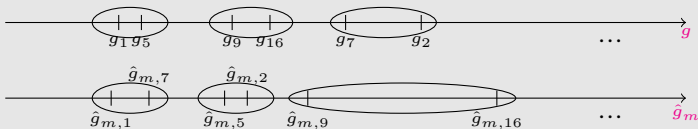
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where  $\hat{g}_{m, \pi^{\hat{g}_m}(1)} \leq \dots \leq \hat{g}_{m, \pi^{\hat{g}_m}(n)}$ .



$\hat{g}_m$  could also come from previous observational studies.

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## FEASIBLE PROCEDURES

Consider two settings separately according to the pilot:

Large pilot: nonparametric methods are suitable for  $\hat{g}_m$ .

Small pilot: nonparametric methods are **not** suitable for  $\hat{g}_m$ .

Technically:

Large pilot: pilot sample size  $m$  increases in asymptotic framework.

Small pilot: not necessarily.

### Large pilot

First consider **large** pilot.

If  $\hat{g}_m$  is  **$L^2$ -consistent** for  $g$ , plug-in  $\approx$  optimal stratification.

$L^2$ -consistency: as  $m \rightarrow \infty$ ,

$$\int_{\mathbf{R}^p} |\hat{g}_m(x) - g(x)|^2 Q_X(dx) \xrightarrow{P} 0. \quad (\text{L2})$$

marginal distr. of  $X_i$

**Theorem** Under (L2) and regularity conditions, limiting distribution of  $\sqrt{n}(\hat{\theta}_n - \theta)$  same as under optimal stratification.

**Remark** In addition, limits of  $n \times \text{MSE}$  of  $\hat{\theta}_n$  same under two cases.

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## FEASIBLE PROCEDURES (CONT.)

### Large pilot (cont.)

No need for uniform consistency. No restriction on  $\frac{m}{n}$ .

Permit **machine learning** methods in high-dimensional settings.

Sufficient condition for (L2):

Series and sieves: Newey (1997), Chen (2007) ...

Kernel: Li and Racine (2007) ...

LASSO: Belloni et al. (2012, 2014) ...

Random forests: Wager and Walther (2015) ...

Neural nets: Chen and White (1999), Farrell et al. (2018) ...

Support vector machines: Steinwart and Christmann (2008) ...

⋮

### Small pilot

Can't consistently estimate  $g$ .

Nonparametric methods no longer suitable, so use simple estimator  $\hat{g}_m$ .

For example, OLS.

For  $d \in \{0, 1\}$ , define  $\hat{\beta}_m(d) = \text{OLS estimate for units w/ } D_i = d$ .

Define  $\hat{\beta}_m = \hat{\beta}_m(1) + \hat{\beta}_m(0)$ .

Recall  $g(x) = E[Y_i(1)|X_i = x] + E[Y_i(0)|X_i = x]$ .

A natural plug-in estimator  $\hat{g}_m(x) = x' \hat{\beta}_m$ .



### Small pilot (cont.)

But under small pilot, concerned with accuracy of  $\hat{g}_m$ .

$\hat{g}_m$  approximates  $g$  poorly  $\Rightarrow$  poor stratification.

Recall natural plug-in estimate is  $\hat{g}_m(x) = x' \hat{\beta}_m$ .

Similar as definition of  $\pi^g$  (optimal stratification),  $\pi^{\hat{g}_m}$  solves

$$\min_{\pi \in \Pi_n} \sum_{1 \leq s \leq n/2} (\hat{g}_{m,\pi(2s-1)} - \hat{g}_{m,\pi(2s)})^2,$$

or equivalently,

$$\min_{\pi \in \Pi_n} \sum_{1 \leq s \leq n/2} (X_{\pi(2s-1)} - X_{\pi(2s)})' \hat{\beta}_m \hat{\beta}_m' (X_{\pi(2s-1)} - X_{\pi(2s)}).$$

### Small pilot (cont.)

Regularize the above minimization problem.

Define  $\hat{\Sigma}_m(d) =$  variance estimate.

Define  $\hat{\Sigma}_m = \hat{\Sigma}_m(1) + \hat{\Sigma}_m(0)$ .

Let  $\pi^{\text{pen}}(X^{(n)})$  be the solution to

$$\min_{\pi \in \Pi_n} \sum_{1 \leq s \leq n/2} (X_{\pi(2s-1)} - X_{\pi(2s)})' (\hat{\beta}_m \hat{\beta}_m' + \hat{\Sigma}_m) (X_{\pi(2s-1)} - X_{\pi(2s)}).$$

Define penalized stratification as

$$\lambda^{\text{pen}}(X^{(n)}) = \{ \{ \pi^{\text{pen}}(2s-1), \pi^{\text{pen}}(2s) \} : 1 \leq s \leq n \}.$$

### Small pilot (cont.)

Further justification:  $\lambda^{\text{pen}}(X^{(n)})$  is solution to a Bayesian problem!

Define  $\tilde{W}_j = (Y_j, X_j, D_j)'$  and  $\tilde{W}^{(m)} = (\tilde{W}_1, \dots, \tilde{W}_m)'$  as pilot data.

$Q_X^n$ : distribution of  $X^{(n)}$ .  $Q_{\tilde{W}}^m$ : distribution of  $\tilde{W}^{(m)}$ .

$F$  is a prior on  $g$ .

$$\min_u \iiint \text{MSE}(u(\tilde{w}^{(m)}, x^{(n)}) | g, x^{(n)}) Q_X^n(dx^{(n)}) Q_{\tilde{W}}^m(d\tilde{w}^{(m)}) F(dg).$$

Moreover, assume  $g(x) = x' \beta$ , so  $F$  becomes a prior on  $\beta$ .

Let  $F$  be **normal**, and drive it to **diffuse** prior (variance  $\rightarrow \infty$ ).

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## FEASIBLE PROCEDURES (CONT.)

### Small pilot (cont.)

What does it look like?

$$\min_{\pi \in \Pi_n} \sum_{1 \leq s \leq n/2} (X_{\pi(2s-1)} - X_{\pi(2s)})' (\hat{\beta}_m \hat{\beta}_m' + \hat{\Sigma}_m) (X_{\pi(2s-1)} - X_{\pi(2s)}).$$

$\hat{\beta}_m$  accurate  $\Rightarrow \hat{\Sigma}_m$  small  $\Rightarrow$  solution close to  $\pi^{\hat{g}_m}$ .

$\hat{\beta}_m$  inaccurate  $\Rightarrow \hat{\Sigma}_m$  large

$\Rightarrow$  solution close to matching on weighted distance:

$$d(x, \tilde{x}) = (x - \tilde{x})' \hat{\Sigma}_m (x - \tilde{x}).$$

simulation

### Small pilot (cont.)

Procedure is computationally easy.

Define  $R_m$  from the Cholesky decomposition:  $R'_m R_m = \hat{\beta}_m \hat{\beta}'_m + \hat{\Sigma}_m$ .

Define  $Z_i = R_m X_i$ .

Above equivalent to

$$\min_{\pi \in \Pi_n} \sum_{1 \leq s \leq n/2} \|Z_{\pi(2s-1)} - Z_{\pi(2s)}\|^2,$$

Nonbipartite matching on  $Z$ , solved in R using `nbpMatching`.

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## INFERENCE

With an estimate of ATE, want to perform inference on ATE.

Q: How to test

$$H_0 : \theta = \theta_0 \text{ versus } \theta \neq \theta_0$$

at level  $\alpha \in (0, 1)$ ?

## Large pilot

First suppose  $g$  is **known** and we use infeasible optimal stratification.

Recall  $\hat{\theta}_n = \hat{\mu}_n(1) - \hat{\mu}_n(0)$ .

Natural to start with two-sample  $t$ -test

$$\frac{\sqrt{n}(\hat{\theta}_n - \theta_0)}{\sqrt{\hat{\sigma}_n^2(1) + \hat{\sigma}_n^2(0)}},$$

where

$$\hat{\sigma}_n^2(d) = \text{s.e. of treated (control) units} = \frac{1}{n/2} \sum_{1 \leq i \leq n: D_i = d} (Y_i - \hat{\mu}_n(d))^2.$$

The test is **conservative** by Bai, Romano & Shaikh (2019).

Nominal level 5%, limiting rejection probability usually <5%.



### Large pilot (cont.)

Limiting variance of  $\hat{\theta}_n$  is

$$\text{Var}[Y_i(1)] + \text{Var}[Y_i(0)] - \frac{1}{2} E[E[Y_i(1) + Y_i(0) | g(X_i)]^2] + \frac{1}{2} E[Y_i(1) + Y_i(0)]^2.$$

All terms easy to estimate except highlighted term.

Provide consistent estimate  $\hat{\rho}_n$  of highlighted term.

When  $\hat{g}_m$  is used instead of  $g$ , details taken care of by  $L^2$ -consistency.

### Large pilot (cont.)

Define new variance estimate

$$(\hat{\zeta}_n^{\hat{g}_m})^2 = \hat{\sigma}_n^2(1) + \hat{\sigma}_n^2(0) - \frac{1}{2}\hat{\rho}_n + \frac{1}{2}(\hat{\mu}_n(1) + \hat{\mu}_n(0))^2.$$

Test given by

$$\phi_n^{\hat{g}_m}(W^{(n)}) = I\{|T_n^{\hat{g}_m}(W^{(n)})| > z_{1-\frac{\alpha}{2}}\},$$

where

$$T_n^{\hat{g}_m}(W^{(n)}) = \frac{\sqrt{n}(\hat{\theta}_n - \theta_0)}{\hat{\zeta}_n^{\hat{g}_m}}.$$

**Theorem** Under (L2) and regularity conditions, when the null holds,

$$\lim_{m, n \rightarrow \infty} E[\phi_n^{\hat{g}_m}(W^{(n)})] = \alpha.$$

### Small pilot

Now consider small pilots.

For plug-in procedure, **same test** has correct size.

For penalized procedure, slight change because  $Z$  is vector.

Could combine pilot and main data for inference.

simulation

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## EMPIRICAL APPLICATION

Take existing design in Dellavigna and Pope (2018):

Large-scale experiment on how 18 incentives affect efforts.

We copy only **one** treatment (incentive).

Subjects asked to press a/b alternately in 10 minutes.

$Y = \#$  of presses.

All subjects receive some base payment.

$D = 1$ : 100 presses = \$0.01.  $D = 0$ : no extra payment.

Run experiment on Amazon Mechanical Turk (MTurk).

Sample size  $n = 176$ . Pilot size  $m = 44$ .

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## EMPIRICAL APPLICATION (CONT.)

Original paper: sample size = 1098. **One stratum.**

We use **penalized** stratification.

Compare four results:

**Pen** Penalized stratification.

**Combined** Penalized stratification, pilot + main data for inference.

**Original (scaled)** Original results with s.e. scaled to  $n + m = 220$ .

**Original** Original results.

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## EMPIRICAL APPLICATION (CONT.)

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	<b>Pen</b>	<b>Combined</b>	<b>Original (scaled)</b>	<b>Original</b>
sample size	176	220	220	1098
$\hat{\theta}_n$	644	624	-	499
standard error	108.16	92.05	129.95	58.70
<i>t</i> -statistic	5.95	6.78	-	8.50

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Summary statistics from Dellavigna and Pope (2018) and our replication.

29% smaller s.e. at same sample size.

Penalized stratification needs only **half** sample size to attain same s.e.

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## CONCLUSION

Matching on almost anything is better than nothing.

Should use a large number of small strata.

MSE  $\Leftrightarrow$  ex-post bias.

Small pilot—least squares + penalized stratification.

Large pilot—could use machine learning.

With logistical/political constraints ( $\neq \frac{1}{2}$ ), use straightforward extension.